

AMA

ACCESS MEDICAL

A S S O C I A T E S



Urgent Care - Family Medicine
Occupational Medicine - Worker's Compensation

EMPLOYER PACKET

EXPERIENCE THE FUTURE
OF OCCUPATIONAL MEDICINE
TODAY

ACCESS MEDICAL

A S S O C I A T E S

URGENT CARE

WALK-IN INJURY AND ILLNESS CARE

OCCUPATIONAL MEDICINE

WORKER'S COMPENSATION

PHYSICAL THERAPY

**YOUR NEW CORPORATE HEADQUARTERS
FOR HEALTHCARE**

Access Medical Associates offers a complete line of occupational health and worker's compensation products for your business.

SUBSTANCE TESTING

DRUG TESTING: Drug testing is mandated for federal employees, and safety-sensitive employees in regulated federal industries, most of which falls under the regulatory authority of the U.S. Department of Transportation ("Part 40"). Unregulated testing, such as specific workplace drug testing programs, pre-employment testing, and occupational health programs provide a deterrent effect, a dramatically improved applicant pool, a low turnover rate, and a good return on investment.

1. Pre-employment Screening
2. Random Testing
3. Reasonable Cause
4. Post-Accident Screening
5. Saliva Ethanol Testing
6. On-Site Medical Review Officer (MRO) Services

PHYSICAL EXAMINATIONS

1. Pre-employment
2. Commercial Driver's License (DOT)
3. OSHA
4. Respirator
5. HAZMAT
6. Independent Exam
7. Company Specific
8. ADA "Reasonable Accommodation" Consulting

WORKER'S COMPENSATION

1. ARCON Digital Functional Capacity Exams (FCE) - See Insert
2. Injured employee assessment and treatment
3. Return/fitness for duty examination
4. Limitation/alternate return to work
5. Physical therapy and rehabilitation
6. Digital Neuromuscular Re-education
7. 'Own-Occ' or 'Any-Occ' Testing

IMMUNIZATION AND TESTING

1. Influenza
2. Pneumonia
3. Hepatitis B
4. Lyme Testing
5. Travel Immunizations
6. TB Testing



Insurance Plans

WE PARTICIPATE WITH THE FOLLOWING INSURANCE PLANS

Aetna	Multiplan
HMO	New Jersey Manufacturers
PPO	NJ Carpenters Fund
American Whole Health	One Health Plan
Amerihealth	Operating Engineers Local 825
HMO	Oxford
POS	Freedom
PPO	Liberty
Beechstreet /Medichoice	Great West
CHN	Procura PPO
Cigna	Qualcare
HMO	Railroad Medicare
PPO	Unicare
Devon	United Healthcare
First Health/CCN	HMO
HMO	PPO
PPO	
First Managed Care Option	
Great West	
GHI	
Healthcare Payers Organization (HPO)	
Healthcare Payers Coalition (HPC)	
Healthnet/Landmark	
Horizon Blue Cross Blue Shield	
HMO	
PPO	
Direct Access	
Humana	
Integrated Health Plan	
Intergroup	
Medicare	
Metracomp Workers Comp	
Concentra	
Focus Network	
AIG	

If we are not in your company's workers comp carrier, we will join to service your needs.

Access Medical Associates is:

- A multi-specialty medical facility that brings together a network of commonly needed outpatient medical, worker's compensation, occupational, and rehabilitation services to one location.
- Interlocks those services so that you have the convenience of many physicians and specialists who work together with a corporate contact manager, to provide a level of care and convenience rarely found in one place.
- A medical practice that is there when you need it, including evenings and weekends, with no appointment necessary. Our staff is committed to decreasing waiting times, anxiety, and lost time at work.
- Our medical staff is available to discuss your employee's injury and work status with your company contact, and will provide timely information to insurance carriers when appropriate.
- A caring and competent staff, which will be responsive to YOUR needs.
- Available for on-site consultations, and wellness program development.

About the Medical Staff:

Our physicians are board certified in Emergency Medicine, Internal Medicine, or Family Medicine; chosen not just for their medical skills, but their *people* skills as well.

DIGITAL and Designed For Your Business

Access Medical Associates was 'born digital' to rapidly take care of the paperwork so the doctor can spend time with their patients. Physician notes, reports, discharge instructions and prescriptions are all computer generated and easy to read.

Digital FCE testing and Neuromuscular Re-education, give objective, accurate results.

Access Medical Associates uses ARCON digital functional evaluation equipment – the “gold standard” in FCE testing. Digital testing can decrease claims and absenteeism and expedite early return to pre-injury duty. The evaluation process is objective, consistently applied and produces valid, reproducible results. Digital testing provides a baseline for the rehabilitation process and evaluation of progress made.



Services We Provide

No Appointment Necessary:

URGENT CARE

- Falls/Back and Neck Injuries
- Lacerations/Abrasions/Insect Sting
- Sprain/Fracture/Splints/Casts
- Work Injuries/Motor Vehicle Accidents

OCCUPATIONAL MEDICINE/WORKER'S COMPENSATION

- Pre-employment Physicals
- Employee Drug Screening
- Saliva Alcohol Testing
- Digital Functional Capacity Exams (by appointment)
- Commercial Driver's License Exams and Re-certifications (DOT)

FAMILY MEDICINE/INTERNAL MEDICINE

- Diabetes/ Hypertension
- Spirometry/EKG

'LOW-DOSE' X-RAY

LABORATORY SERVICES

By Appointment:

PHYSICAL THERAPY

CHIROPRACTIC

MASSAGE THERAPY

...AND MUCH MORE



Return to Work Form

SAMPLE

Date of This Evaluation: ____/____/____

Employee's Name: _____

Date of Injury: ____/____/____ or Onset of Illness: ____/____/____

Diagnosis: _____

STATUS:

___ Unable to work from: ____/____/____ to ____/____/____

___ Off work for _____ [days / weeks]

___ May return to work on: ____/____/____ [now]

___ Needs follow-up or specialty referral, duty status undeterminable at this time.

To follow-up on ____/____/____ or referred to _____

RESTRICTIONS:

EMPLOYEE MAY:

___ Stand or walk: ___ 1-2 hrs. /day ___ 2-4 hrs. /day ___ 4-6 hrs. /day ___ 6-8 hrs. /day

___ Sit: ___ 1-2 hrs. /day ___ 2-4 hrs. /day ___ 4-6 hrs. /day ___ 6-8 hrs. /day

___ Climb: ___ 1-2 hrs. /day ___ 2-4 hrs. /day ___ 4-6 hrs. /day ___ 6-8 hrs. /day

___ Use hands: ___ Right ___ 1-2 hrs. /day ___ 2-4 hrs. /day ___ 4-6 hrs. /day ___ 6-8 hrs. /day

___ Left ___ 1-2 hrs. /day ___ 2-4 hrs. /day ___ 4-6 hrs. /day ___ 6-8 hrs. /day

EMPLOYEE MAY NOT:

___ Use **R L**: ___ hand ___ wrist ___ elbow ___ shoulder

___ Use **R L**: ___foot ___ankle ___knee ___hip

EMPLOYEE MAY NOT:

___ push ___pull ___lift any object greater than ___5 lbs. ___10 lbs. ___20 lbs. ___30 lbs.

___ No lifting over head

___ No use of power equipment or machinery

___ No activities requiring alertness

___ No driving

OTHER:

___ elevate extremity whenever possible

___ ice packs for 15 minutes every 1-2 hours

___ use sterile dressing at all times, change daily, sooner if wet or dirty

___ apply Neosporin with dressing change ___ do not apply Neosporin

___ keep wound clean and dry

___ use splint, sling, brace or other device ___ during working hours

___ all the time until ___/___/___ or until re-evaluation in ___days / weeks

___ may loosen at night or open to apply ice

Seek medical attention if increased pain, swelling, pallor, blue, or greater than 5 seconds until fingernail or toenail turns pink after pressing until white on affected extremity. (capillary refill).

Medications: _____

___ cause drowsiness ___ should be taken with food

Follow-Up Care: _____

Physician: _____

I HAVE RECEIVED BOTH WRITTEN AND VERBAL INSTRUCTIONS ABOVE AND UNDERSTAND.

Date of signature: ____/____/____ Signature: _____

RETURN TO ACCESS MEDICAL ON: ____/____/____ or in ____ days / weeks @ TIME: _____



Authorization for Medical Services

SAMPLE

COMPANY NAME: _____ PHONE: _____

PATIENT'S NAME: _____ DATE: _____

I hereby certify that the above named company is requesting and authorizing medical testing and or treatment for the above employee or prospective employee, and is accepting responsibility for payment of services rendered unless services are covered by worker's compensation or patient's private insurance carrier. (Not required if employee or prospective employee is responsible for payment of bill at time of service).

AUTHORIZED BY: _____
Please Print Name Signature

DESCRIPTION OF INJURY/COMMENTS: _____

SPECIAL INSTRUCTIONS: _____

SERVICES REQUESTED:

___ **PHYSICAL EXAM:** ___ CDL ___ Pre-Employment ___ Post-Accident ___ HAZMAT

___ Crane Operators ___ Return to Work (Fit-for-Duty) ___ Respirator Clearance

___ Other: _____

___ **URINE DRUG SCREEN:** ___ DOT- Chain of Custody ___ Non-DOT Chain of Custody

___ Point-of Care Testing (In-House Dip) ___ 5 Panel ___ 10 Panel

___ **HAIR DRUG SCREEN**

___ **SALIVA ALCOHOL TESTING**

___ **FUNCTIONAL CAPACITY EXAMINATION (FCE) - APPOINTMENT REQUIRED**

___ **WORKER'S COMPENSATION** Is light duty available? ___ Yes ___ No (check one)

___ **OTHER:** _____



No Appointment Necessary

LOCATION

BRANCBURG COMMONS
BUILDING #1
3322 ROUTE 22 WEST
BRANCBURG, NEW JERSEY 08876

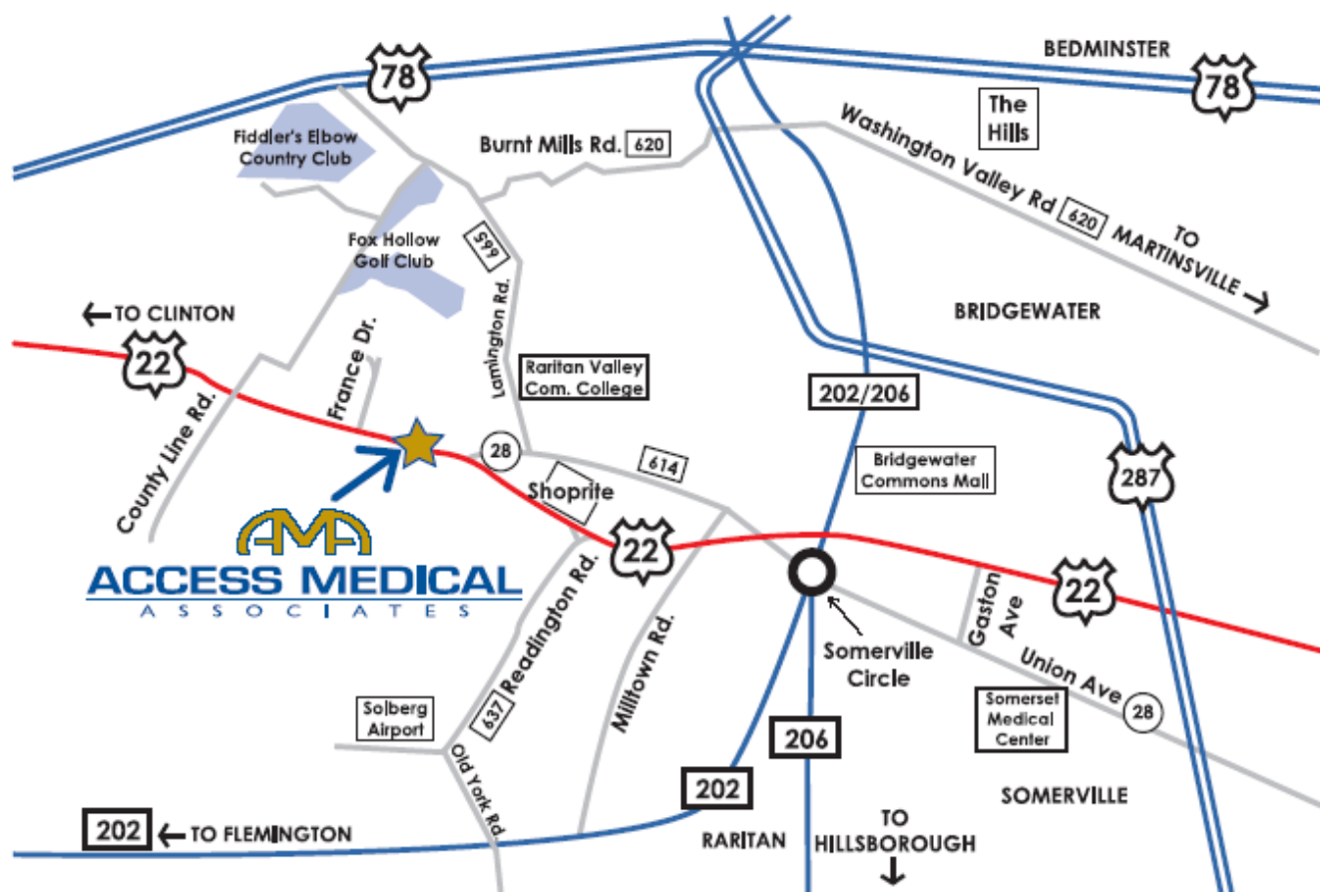
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<http://AccessMedicalAssoc.com>

HOURS OF OPERATION

8 AM – 9 PM
MONDAY – FRIDAY
8 AM – 5 PM
SATURDAY & SUNDAY



AMA
ACCESS MEDICAL
ASSOCIATES